



# Dover College Menu - Lent Term Week 2

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Everyday	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	<b>Lamb Moussaka</b> Spiced Minced Beef Taco Shell  <b>Chicken Tagine</b>	<b>Beef Meatballs</b> Tomato, Fresh Herbs  <b>Mac &amp; Cheese, Bacon</b>	<b>Tandoori Chicken Leg</b> Mild Spiced, Yoghurt  <b>Tikka Masala</b>	<b>Chicken Pie</b> Topped with Shortcrust Pastry  <b>Beef Stroganoff</b>	<b>Pepperoni Pizza</b> Rich Tomato Sauce  <b>Bacon, Cheese, &amp; Tomato Turnover</b>
Vegetarian Main Course	<b>Quorn Chicken</b> Cooked with Spice Prunes & Apricot	<b>Moving Mountains</b> Vegan Meatballs Tomato & Red Pepper Sauce	<b>Vegetarian Tikka Masala</b> Light Spiced Curry	<b>Vegetable Tartlet</b> Vegetables mixed and baked in a bechamel sauce	<b>Mozzarella, Basil &amp; Tomato Pizza</b> <b>Cheese &amp; Tomato Turnover</b>
On the side	Savoury Rice Couscous Coriander, Chilli, Corn Saute Cabbage Carrots Spicy Roast Potatoes	Garlic Bread Pesto potatoes Roast celeriac Green beans Creamed cabbage Braised fennel	Bombay Potato Naan Bread Poppadum Braised Chard Garden Peas Spiced ChickPeas	Mashed Potato Mushy Peas Roast Parsnip Broccoli Carrots Gravy	French fries Pepper & tomato bake Broccoli Sweetcorn Garden peas Baked rice



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese	Baked beans Grated cheese
Pasta Bar	Tomato & basil sauce	Roasted red pepper	Cream Mushroom & Bacon	Pesto	Tomato & red pepper
Hot Dessert	Lemon Curd Sponge	Treacle Sponge	Apple Strudel	Strawberry Cheesecake	Doughnut Selection
Cold Dessert	Cornflake Cake Selection of Fresh Fruit	Chocolate Tiramisu Selection of Fresh Fruit	Blackforest Traybake Selection of Fresh Fruit	Rice Pudding Selection of Fresh Fruit	Fruit Fool Selection of Fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	<b>Texas Pulled Pork Sliders</b>	<b>Build your Caesar Salad</b>	<b>Build your own Burger</b>	<b>Crispy Sweet Chilli Beef</b>	<b>Pork Belly Ramen</b>	<b>Battered Fish</b>	Chef's Special
Vegetarian Main Course	<b>Texas Pulled Jackfruit</b>	<b>Honey Glazed Halloumi</b>	<b>Spiced Falafel</b>	<b>Teriyaki Meatballs</b>	<b>Vegetable Ramen</b>	<b>Vegetarian Fish</b>	
On the Side	Spicy Chicken Wings Corn Bread Fiery Mixed Beans Loaded Fries	Battered Calamari Spiced Corn Garlic bread pizza Potato Croquette	Mac & Cheese Chips Streaky bacon Onion rings	Gyoza Prawn Crackers Vegetable, Soy Noodles Spring Rolls	Spring Roll Egg Noodles, Broth Gyoza Bread Rolls	Chips Mushy Peas Bread & Butter Battered Sausage	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						