



Dover College Menu - Michaelmas Term Week 1

Boarder's Breakfast	Monday - Friday	Saturday	Sunday
Cold Selection	A selection of cereal, granola & porridge. Wholemeal and white toast with preserves. Yoghurts with seeds and fresh fruit toppings	Brunch	
Hot Selection	Eggs, Bacon, Sausages, Hash Browns, Mushrooms, Tomatoes		
Juices	Orange Juice and Apple Juice available daily		
Hot Beverages	Tea, Coffee and Hot Chocolate available daily		

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef Tacos Spiced minced beef Taco shell Fish Tacos	Beef Lasagne Tomato, herbs & bechamel Macaroni Cheese Gratin	Chimichurri Chicken Leg Risotto rice Beef Stroganoff	Chicken Pie Topped with shortcrust pastry Sausage Casserole	Pepperoni Pizza Rich tomato sauce Farmhouse Pizza Ham & mushroom
Vegetarian Main Course	Vegetarian Taco Spiced vegetarian mince Fresh tomatoes	Stuffed Courgette Tomato concasse Bechamel sauce & cheddar cheese	Vegetarian Risotto Mascarpone & Italian cheese	Vegetable Tartlet Vegetables mixed and baked in a bechamel sauce	Mozzarella, Basil & Tomato Pizza
On the side	Savoury rice Braised mixed beans Coriander, chilli, corn Sauteed cabbage Carrots Spicy roast potatoes	Garlic bread Pesto potatoes Roast celeriac Green beans Creamed cabbage Braised fennel	Bubble & squeak Red cabbage Roast courgette Butter beans, herbs Garden Peas Butternut squash	Roast new potatoes Mushy peas Gravy Roast parsnip Broccoli Carrots	French fries Pepper Broccoli Sweetcorn Garden peas Baked rice



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	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Bar	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese	Baked Beans Grated Cheese
Pasta Bar	Tomato & Basil sauce	Roasted Red Pepper	Cream Mushroom & Bacon	Pesto	Tomato & Red Pepper
Hot Dessert	Cherry Bakewell Sponge	Treacle Sponge	Peach Strudel, cream	Kitkat Cheesecake	Triple Chocolate Brownie
Cold Dessert	Cornflake Cake Selection of Fresh Fruit	Chocolate Tiramisu Selection of Fresh Fruit	Carrot Cake Traybake Selection of Fresh Fruit	Apple Crumble Cake Selection of Fresh Fruit	Poached Pear Selection of Fresh Fruit

Boarder's Dinner	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Chicken Kiev	Build Your Ceasar Salad	Lamb Casserole	Brisket Shawarma	Pork Belly Ramen	Battered Fish	Chef's Special
Vegetarian Main Course	Garlic Escalope	Honey Glazed Halloumi	Spiced Falafel	Quorn Shawarma	Vegetable Ramen	Vegetarian Fish	
On the Side	Creamy mushroom gratin Lyonnais potatoes Lemon & herb brown rice Sliced french stick	Battered calamari Spiced corn Homemade bread Potato croquette	Mustard mashed potato Steamed rice Fresh vegetables Baked baguette	Jollof rice Mint yoghurt Chorizo potatoes Pickled red cabbage	Ramen noodles Selection of toppings Chicken wings Ciabatta roll	Chips Mushy Peas Bread & butter Battered sausage	
Salad bar	A selection of salads, cold cuts and cheeses with dressings.						